

## St John's Green School - Dinner Menu KS2 (Year 3, 4, 5, 6)

Please see below the new School Meal menu which will run for the next six weeks. Please return the menu to the school office as soon as possible. The cost of each school dinner is £2.50. The cost per week for school dinners is £12.50. Dinner money should be paid in advance via our online payment system named Schoolcomms. Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name \_\_\_\_\_ Class \_\_\_\_\_

	<b><u>MEAT FREE MONDAY</u></b>				
<b>Week</b>	Chicken Nuggets		Pork Sausage & Mash	Spaghetti Bolognese	Fish Fingers
<b>Commencing</b>	Cheese & Tomato Pizza		In a Tortilla Wrap	Gravy	
	Jacket Wedges		Savoury Rice	Baked Beans	Chips
	Sweetcorn		Fresh Salad & Garlic Mayo	Peas	Peas
<b>27th Jan -</b>	Fresh Fruit Platter		Apple Flapjack or Fruit	Fresh Fruit Platter	Baked Beans
<b>31st Jan</b>	Cheese & Pepper Pizza		Falafel in a Tortilla Wrap	Veggie Sausages & Mash	Iced Chocolate Cake or Fresh Fruit
	Ploughmans		Ploughmans	Ploughmans	Quorn Fishless Fingers
	Jacket Potato with Cheese/Beans		Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Ploughmans
<b>Week</b>	<b><u>MEAT FREE MONDAY</u></b>				
<b>Commencing</b>	Pepperoni Pizza		Roast Chicken, Stuffing & Gravy	Beef Lasagne	Fish & Chips
	Macaroni Cheese		Jacket Wedges	Roasted Potatoes	
	Fresh Bread Wedge		Sweetcorn	Carrots	Baked Beans
<b>3rd Feb -</b>	Fresh Salad		Chocolate & Cherry Cake or Fruit	Broccoli	Peas
<b>7th Feb</b>	Fresh Fruit Platter		Chocolate & Cherry Cake or Fruit	Fresh Fruit Platter	Lemon Drizzle Cake or Fresh Fruit
	Fusilli with Tomato and Basil Sauce		Cheese & Tomato Pizza	Quorn Fillet, Stuffing & Gravy	Veg Nuggets
	Ploughmans		Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans		Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato with Cheese/Beans
<b>Week</b>	<b><u>MEAT FREE MONDAY</u></b>				
<b>Commencing</b>	Tandoori Chicken Fillet		Sausage Roll	Spaghetti Bolognese	Fish Fingers
	Cheese & Tomato Pizza		Fluffy Rice	Fresh Bread Wedge	
	Jacket Wedges		Riata Dip	Mashed Potatoes	Chips
<b>10th Feb -</b>	Sweetcorn		Fresh Salad	Gravy	Baked Beans
<b>14th Feb</b>	Fresh Fruit Platter		Chocolate Brownie or Fruit	Mixed Vegetables	Peas
	Cheese & Pepper Pizza		Falafel Wrap with Salad	Fresh Fruit Platter	Iced Sprinkle Cake or Fresh Fruit
	Ploughmans		Ploughmans	Vegan Sausage Roll	Quorn Dippers
	Jacket Potato with Cheese/Beans		Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Ploughmans
				Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.

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Name \_\_\_\_\_

Class \_\_\_\_\_

	<b>MEAT FREE MONDAY</b>	Chicken Nuggets	Roast Beef & Gravy	Chicken Pasta Bake	Fish Fingers
<b>Week</b>	Cheese & Tomato Pizza	In a Tortilla Wrap	Yorkshire Pudding	Fresh Bread Wedge	Chips
<b>Commencing</b>	 Jacket Wedges	 Savoury Rice	Roasted Potatoes	Green Beans	 Baked Beans
	 Sweetcorn	Fresh Salad	Carrots or Broccoli		Peas
<b>24th Feb -</b>	Fresh Fruit Platter	Iced Apple Sponge or Fruit	Fresh Fruit Platter	Vanilla Shortbread or Fruit	Iced Chocolate Cake or Fruit
<b>28th Feb</b>	Cheese & Pepper Pizza	Veggie Nugget Wrap	Veggie Burger	Macaroni Cheese	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
<b>Week</b>	<b>MEAT FREE MONDAY</b>	<b>Pancake Day Shrove Tuesday</b>	Roast Chicken, Stuffing & Gravy	Pepperoni Pizza	Fish & Chips
<b>Commencing</b>	Tuna & Sweetcorn Pasta	Chicken Tikka Masala	Roasted Potatoes	 Jacket Wedges	 Baked Beans
	Fresh Salad	Fluffy Rice	Carrots	 Sweetcorn	Peas
<b>3rd Mar -</b>		Peas	Broccoli		
<b>7th Mar</b>	Fresh Fruit Platter	<b>Pancake and Fudge Sauce or Fruit</b>	Fresh Fruit Platter	Sticky Orange Cake or Fruit	Lemon Drizzle Cake or Fruit
	Tomato Soup & Cheese Toastie	Falafel in a Wrap & Rice	Quorn Fillet, Stuffing & Gravy	Cheese & Tomato Pizza	Veg Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
<b>Week</b>	<b>MEAT FREE MONDAY</b>	Sticky Chicken	Sausage Roll	Hot & Steamy Pasta	Fish Fingers
<b>Commencing</b>	Cheese & Tomato Pizza	Savoury Rice	Mashed Potatoes	Pepperoni in a Rich Tomato Sauce	Chips
	 Jacket Wedges	Peas & Sweetcorn Medley	Gravy	Garlic Bread Wedge	 Baked Beans
	 Fresh Salad		Mixed Vegetables	Green Beans	Peas
<b>10th Mar -</b>	Fresh Fruit Platter	Chocolate Brownie or Fruit	Fresh Fruit Platter	Ginger Biscuit or Fruit	Iced Sprinkle Cake or Fruit
<b>14th Mar</b>	Cheese & Pepper Pizza	No Duck Wrap with Rice	Vegan Sausage Roll	Tomato & Basil Pasta	Quorn Fishless Fingers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.